

# **Kingscliff Swimming Club Inc.**

**2023/2024 SEASON** 

**MEMBER INFORMATION HANDBOOK** 

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#### Introduction

Welcome to the Kingscliff Swimming Club 2023-2024 Season.

Established in 1973, the Kingscliff Swimming club aims to provide swimmers young and old with a friendly atmosphere in which they can participate, have fun and achieve at their pace.

One of the benefits of being a member of the Kingscliff Swimming Club is that swimmers can compete in events on club nights which can improve their swimming ability. Swimmers do not have to be fast to join the club, by competing through the season swimmers will improve their race times.

## **Location of Kingscliff Aquatic Centre**

The Kingscliff Aquatic Centre is located on the corner of Cudgen Road and Turnock Street Kingscliff. Public transport including school bus services has a location adjacent to the aquatic centre. There is a drop off point for persons with a disability on Cudgen Road near the aquatic centre entrance.

## Kingscliff Swimming Club Strategic Plan - 2023/2024

#### Vision

To be a friendly club encouraging persons to participate in the recreational sport of swimming

#### **Objective**

Encourage participation in swimming

Actively promote learn to swim as a safety/lifesaving activity and as a source of membership

Provide activities and incentives for persons to join the swimming club and importantly to rejoin the following year.

Encourage ongoing involvement in swimming

Actively promote club night as a fun, enjoyable and rewarding activity.

Encourage participation in a competitive program

Actively promote Swimming North Coast Association Championships, Swimming North Coast Association Member carnivals, Swimming New South Wales and Swimming Queensland Championships and Gold Coast Association carnivals.

#### **Club Board and Child Safe Members**

Meet the people behind the scenes that help run the club. Our members are our best resource, and the club is grateful for everyone's time and enthusiasm.

Role	Name	Contact Details
President	Matthew Pope	president@kingscliffswim.com.au
		0438 175 218
Vice President	Ray Giridharan	vp@kingscliffswim.com.au
		0433 399 294
Secretary	Peter Brack	secretary@kingscliffswim.com.au
		0417 772 323
Treasurer	Caroline Sandau	treasurer@kingscliffswim.com
		0434 831 153
Registrar	Nathan Oliver	registrar@kingscliffswim.com.au
		0438 746 194
Club Night Coordinator	Leia Reid	info@kingscliffswim.com.au
		0432 900 177
Media Coordinator	VACANT	info@kingscliffswim.com.au
Race Secretary	Greta Wellm	racesecretary@kingscliffswim.com.au
		0417 650 334
MPIO	Matthew Pope	president@kingscliffswim.com.au
		0438 175 218
		secretary@kingscliffswim.com.au
	Peter Brack	0417 772 323

To share any ideas or opportunities for the club, please feel free to contact any of the above Board Members.

## 4. Swimming Australia's Code of Conduct

The Kingscliff Swimming Club is required and is committed to complying with the Swimming Australia Code of Conduct its framework and associated integrity policies.

The two Swimming Australia documents are:

- 1. <u>Ethical Framework for Australian Swimming</u> (primary purpose, mission, vision, core philosophical beliefs, guiding principles and values.), and
- 2. <u>National Integrity Framework.</u> (Kingscliff Swimming Club is fully committed to the protection of children and will raise the issue of child safety to everyone involved in its Club, based on the following policies:-
  - Safeguarding Children and Young People Policy;
  - Member Protection Policy;
  - Complaints, Disputes and Discipline Policy;

- Improper Use of Drugs and Medicine Policy;
- Competition Manipulation & Sport Wagering Policy
- Further information can be found <a href="here">here</a>

#### 5. NSW Child Safe Standards

NSW Office of the Children's Guardian Child Safe Scheme requires by law child related organisations in NSW to implement the 10 Child Safe Standards.

The 10 Child Safe Standards are:

- 1. Child safety is embedded in organisational leadership, governance and culture
- 2. Children participate in decisions affecting them and are taken seriously
- 3. Families and communities are informed and involved
- 4. Equity is upheld and diverse needs are taken into account
- 5. People working with children are suitable and supported
- 6. Processes to respond to complaints of child abuse are child-focused
- 7. Staff are equipped with the knowledge, skills and awareness to keep children safe through continual education and training
- 8. Physical and online environments minimise the opportunity for abuse to occur
- 9. Implementation of the Child Safe Standards is continuously reviewed and improved
- 10. Policies and procedures document how the organisation is child safe.

Kingscliff Swimming club is committed to implementing the 10 Child Safe Standards.

The Child Safe Scheme requires the club to appoint a Member Protection Information Officer (MPIO) and this Officer is listed in the Board Members.

The club will work towards implementing the Childsafe Standards. Information can be found here.

#### SAFE SPORT FRAMEWORK

The Kingscliff Swimming Club, at its Board meeting held on 13 September 2020 resolved to adopt the two following Swimming Australia Safe Sport Framework(SSF) documents;

- Safeguarding Children and Young People Policy (matters or complaints concerning the safety and wellbeing of children in swimming must be considered under this policy) and
- Member Protection Policy (this concerns matters relating to such things as discrimination, harassment, bullying victimization and abuse)
- A copy of the Policies are available on the Swimming Australia website www.swimming.org.au.

## **Privacy Information for Parents/Guardians**

Kingscliff Swim Club inc, via the terms agreed to when joining the swim club in Swim Central, are authorised and allowed to use my name, photograph and results published in the club's programs, newsletter, website and social media. If I do not wish the Club to use my any of the above, I understand that it is my responsibility to inform the Club, in writing, that I do not give permission for the above to be used and published in the above formats.

#### **Discrimination and Equitable Access Statement**

Kingscliff Swimming Club has adopted a statement that it is committed to the Swimming Australia principles of discrimination and equitable access. The Club does not discriminate or treat unfavourably against any person. There is legislation that manages discrimination affecting Kingscliff Swimming Club.

Equitable Access - individuals have a fair and social opportunity to access any services provided by the Kingscliff Swimming Club regardless of personal aspects, the Club endeavours to remove barriers that prevent equitable access.

## **Inclusive Strategy**

Kingscliff Swimming Club is committed to encouraging persons of all abilities to join the club and to participate in club activities.

Persons of all abilities are not required to swim competitively; the club offers club nights where persons can have fun, as well as improving their health and fitness. The club promotes the inclusive strategy, in accordance with information on the Swimming Australia website.

#### **Sources of Club Information**

Members seeking information on club activities can source information through: The Kingscliff Swimming Club website - <a href="www.kingscliffswim.com.au">www.kingscliffswim.com.au</a>
Facebook page - <a href="www.facebook.com/kingscliffswimmingclub">www.facebook.com/kingscliffswimmingclub</a>
Email - Members will receive an email advising of important information
Club Noticeboard at Kingscliff Aquatic Centre

#### **Insurance**

Kingscliff Swimming is affiliated with Swimming NSW and Swimming North Coast and all swimmers are covered by insurance through its registration with NSW Swimming.

#### **Dates to Remember**

Key club dates for swimming events can be found <a href="here">here</a>. This list is subject to change as carnivals are announced. Some events may be rescheduled. The club Christmas night will be on Tuesday December 20, 2022.

## **Registration Fees**

Membership fee information can be found <u>here</u>.

The Kingscliff Swimming Club portion of the registration fee is used by the club for general club activities, relay entries at carnivals and club equipment.

Membership covers a 12 month period from 1<sup>st</sup> October to 30<sup>th</sup> September the following year, although swimmers can join at any time during the year. To join Kingscliff Swimming Club, Register and pay through <u>Swim Central</u>. The club accepts active kids vouchers as a means of payment.

Our club policy enables **new swimmers to the club** to try **TWO** Tuesday club nights before payment of the registration fee.

## **Club Night Swimming**

Club Nights are held each Tuesday evening at Kingscliff Swimming Pool during the summer season. A club night calendar covering a variety of strokes and events will be emailed to members at the start of the season.

Club nights are designed for swimmers to have fun with their friends and team and to provide race practice in a friendly environment. Times are recorded so that swimmers can track their progress against their personal best.

Club nights start at **6pm SHARP**. The club will advise all members at the start of the season the method for entering club nights. Swimming pool entry fees are applicable for club nights for swimmers who did not train prior to club night and spectators.

Swimmers are encouraged to swim a minimum of two events.

Minimum age shall be 5 years of age and swimmers must be able to swim 12.5 metres of freestyle.

Although the Club does manage its nightly events, everyone should comply with the TRAC rules and responsibilities, specifically with regard to active supervision of your children in and outside the water and Safety and Emergency Evacuation. This information is available from the Club Noticeboard and TRAC website.

If your child has trouble swimming, please remain close to them while they are in the water. You may even wish to be in the water with them, particularly if they need to build confidence in the water before being able to complete the race themselves.

Information about Club Night Divisions and Points Score can be found on the clubs website.

## Stormy/Wet Weather

Club nights may be run in wet weather but not run in stormy weather. A decision will be made by 4pm. The club will advise Kingscliff Pool and post a message on the clubs facebook page if club night is to be cancelled due to wet weather.

## **Club Championships**

The eligibility criteria to compete at the Club Championships for the 2023-2024 season are:

Members wishing to participate at Club Championships must have competed at 50% of available club nights FROM THE DATE OF REGISTRATION.

The club board will give due consideration to inability to meet said requirements due to illness or injury. We ask that these absences be communicated reasonably.

THE RACE SECRETARY WILL ADVISE MEMBERS DURING THE SEASON OF THE REQUIREMENT TO MEET CLUB CHAMPIONSHIP ELIGIBILITY.

The Championships are conducted on the same basis as a Swimming Carnival, members will be reminded that they will be required to nominate for events by a certain date and must compete in the 4 form strokes. NO LATE ENTRIES WILL BE ACCEPTED.

## **Volunteering/Technical Officials**

Technical Officials are ordinary people who support the development of our swimmers by helping to run meets and club nights. Being an official is a great way to support your children through their swimming journey and make new friends along the way.

There are many different roles and no experience is necessary. Your friendly board members can provide more information and guidance.

Swimming NSW has created a series of online courses for technical officials. For more information visit:

#### https://nswtraining.swimming.org.au/

In order for Club nights to run smoothly, parents are asked to volunteer their services to assist with timekeeping at club nights and competitive carnivals.

## **Competitive Swimming**

Swimming North Coast coordinates a summer and winter competition calendar, providing opportunities for swimmers of all levels to compete and achieve their personal best.

Development and Qualifying meets are an opportunity to practice racing in a friendly environment. Times are recorded in the Swim Central database to enable swimmers to achieve qualifying times for higher level meets. There are no qualifying times for development and qualifying meets.

Swimmers who have achieved qualifying times at qualifying meets have the opportunity to compete against other swimmers in the area at the Division 1 or Division 2 Championships and at State/National level meets.

Program information for swimming carnivals held in the North Coast area can be found on the <a href="Swimming North Coast">Swimming North Coast</a> website.

Information on NSW state meets can be found on the **Swimming NSW** website.

Information on QLD swimming meets can be found on the <u>Swimming QLD</u> and <u>Swimming Gold Coast</u> websites.

All entries are online through Swim Central.

#### **Representative Swimming**

Should any member attends a National, NSW State or QLD State competition, they can apply to Local Sporting Champions for a grant <a href="https://www.sportaus.gov.au">www.sportaus.gov.au</a>.

## **Club Apparel**

It is preferred that members wear club cap when competing at all carnivals.

## **Sponsorship**

Information for prospective sponsors can be found <u>here</u>.

The club is keen to develop our relationship with Sponsors. Current Sponsors can be actively promote them on the club website, handbook, and newsletters and at club nights.

## **Australian Representative Recognition**

Past Kingscliff Swimming Club members who represented Australia at either an Olympic or Commonwealth Games, or World Championship meet:

Name	Event
Kate Wilson	Paralympic Games 2016
Matt Abood	Freestyle - long term Kingscliff member - Commonwealth Games 2014, Olympic Games 2016
Dyana Calub	Backstroke - Olympic Games 2000, Commonwealth Games 1998 and 2002
Lara Davenport	Freestyle - Olympic Games 2008
Sophie Edington	Backstroke - Commonwealth Games 2006, Olympic Games 2008
Chris Fydler -	Freestyle - Commonwealth Games 1990 & 1994, Olympic Games 1992, 1996
Josh Watson	Backstroke - Commonwealth Games 1998 & 2002, Olympic Games 2000 & 2004
Charlene Benzie	Freestyle - World Championships Fukuoka Japan 2001
Kasey Giteau	Freestyle - World Championships Fukuoka Japan 2001
Hayden Stoeckel	Backstroke - Pan Pacific Championships Victoria Canada 2006

Names of these swimmers are strategically placed around the Pool area. Further honours are listed in the honours board at the entry to the clubhouse.

This list is a work in progress. If you have swum for KSC and represented Australia previously, please contact the committee so that you can be added. The committee wishes to honour those who have represented their country while swimming for Kingscliff.